

Clinical characteristics and neurophysiology features of amyotrophic lateral sclerosis patients at Sanglah Hospital Denpasar

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ABSTRACT

Background. Amyotrophic lateral sclerosis (ALS) is a one of motor neurons disease. The Incidents in Europe are 2.6 per 100,000 people per year and in the United States, more than 5,600 are diagnosed each year. The death was reportedly 2 per 100,000 people per year. In Sanglah Hospital there are no study that described the characteristics clinical and neurophysiology of ALS at Sanglah Hospital.

Objective. To find the characteristics of ALS based on clinical and neurophysiology of ALS at Sanglah Hospital in terms of demography, clinical, Nerve Conduction Studies (NCS) and Electromyography (EMG).

Methods. Retrospective descriptive study using medical records of patients in neurology polyclinic at Sanglah Hospital from January until December, 2018.

Results. From 14 ALS patients with average age of 47 years old, men and women same amount, high school 71.4%, unemployed 50 %, and married 92.8%. Symptoms first appeared with an average age of 42 years with complaints of lower limb weakness 64.3%. The diagnosis of ALS with the symptom UMN and LMN on bulbar and 2 spinal region 71.4%, and symptom with the UMN and LMN on 3 spinal region 28.6%. Results of motor and sensory NCS were normal, type axonal and mixed neuropathy. Characteristics of EMG were PSW +4, fibrillation +4, MUAP: high amplitude (giant potential), widened duration, polyphasic phase, incomplete IP recruitment in all patients (100%) although in different muscles of the examined patient.

Conclusions. Characteristics from 14 patients ALS in 2018 at Sanglah Hospital indicate that patients have a good prognosis.

Keywords: amyotrophic lateral sclerosis, electromyography, nerve conduction studies

INTRODUCTION

Amyotrophic lateral sclerosis (ALS) is a neurodegenerative disease that attacks motor neurons. Amyotrophy indicates the presence of muscle fibre atrophy, innervated by degenerating anterior horn cells, causing muscle weakness and fasciculation. Lateral sclerosis indicates hardening of the corticospinal tracts lateral and anterior where the motor neurons in the area degenerate through the process of gliosis. Through this combination of terms, it can be illustrated that in this disease a mixed lesion of upper motor neuron and lower motor neuron occurs (1-3).

The incidence of ALS in Europe is around 2.6 people per 100,000 per year (4). In the United States, more than 5,600 are diagnosed each year (more than 1.5 per 100,000 per year), and up to 30,000 Americans are currently affected. ALS is responsible for two deaths per 100,000 Americans per year (5,6). ALS is classified as a rare disease designated by the FDA as an "orphan" disease (affecting less than 200,000 people in the United States), but it is the most common motor neuron disease. One or two in 100,000 people develop ALS each year. (1,2)

ALS is a degenerative disease that is most commonly found in the motor neuron system. ALS was

first described in 1874 by a French neurologist named Jean-Martin Charcot and ALS is also known as Charcot’s disease (1,3)

Sanglah Hospital Denpasar, which is a referral center hospital, plays an active role in diagnosing ALS patients. Currently, there are no studies that discuss the characteristics of ALS patients at Sanglah Hospital, both in terms of epidemiology and clinical symptoms. Therefore, this study was conducted to determine the clinical characteristics and neurophysiology of ALS patients at Sanglah Hospital Denpasar.

MATERIAL AND METHOD

This study was a retrospective descriptive design for all neurological patients with ALS who came to the polyclinic and inpatients who underwent electromyography (EMG) examinations at Sanglah General Hospital, Denpasar. Data collection was through patient medical records for the period 1st January until 31 December 2018. The inclusion criteria were all neurological patients with ALS suspicion who came to the polyclinic and who underwent an ENMG examination at Sanglah Hospital Denpasar. Exclusion criteria were: patients with other types of motor neurone disorders (syringomyelia, cervical spondylitis, motor neuropathy, hyperthyroid myopathy, spinal muscular atrophy, multiple entrapment neuropathies, multiple sclerosis and multifocal vascular disease) (1). Data obtained were tabulated and processed using the SPSS version of the program. 20 to get research results.

RESULTS

In this study, data were obtained in the form of the ALS incidence rate in Sanglah Hospital for the period January until December 2018, with total of 14 patients.

The average age of ALS patients was 47 years, with a minimum age of 24 years and a maximum age of 63 years. The incidence rates for female and male sex are the same. The most jobs found are not working 7 patients (50%), 4 people work as farmers, 2 self-employed people and 1 civil servant (PNS). Most data were 13 patients (92.8%) with a married status and the latest education was high school graduates, namely 10 patients (71.4%) (table 1).

TABLE 1. Demographic characteristics of ALS patients

Characteristic	Total	Percentage (%)
Age (median)	47	
Gender		
Male	7	50
Female	7	50
Profession		

Characteristic	Total	Percentage (%)
Entrepreneur	2	14.3
Civil servants	1	7.2
Not work	7	50
Farmer	4	21.5
Marriage status		
marry	13	92.8
not marry/ divorce	1	7.2
Education		
Elementary school	3	21.4
High school	10	71.4
University	1	7.2

TABLE 2. Early clinical symptoms

Characteristic	total	Percentage (%)
age median	42	
- Weakness of the Upper Extremity	5	35.7
- Weakness of the lower Extremity	9	64.3

It can be seen from the data in Table 2 that the mean interval for patients to develop symptoms until finally diagnosed as ALS 5 years (baseline at mean age 42 years) with weakness in the lower extremities appeared first in 9 patients (64.3%).

From clinical signs, upper motor neuron and lower motor neuro signs were obtained in the bulbar region and at least 2 spinal regions in 10 patients (71.4%) and UMN and LMN signs in 3 spinal regions without any interference in the bulbar region (28.6%) (table 3).

TABLE 3. ALS diagnosis

Patient’s clinical signs	Total (people)	Percentage (%)
- UMN and LMN sign in the bulbar region and at least 2 spinal regions	10	71.4
- UMN and LMN sign in 3 spinal regions	4	28.6

TABLE 4. Variation of ALS from motor nerve conduction study

CMAP	Distal latency (ms)	Amplitude (M-mV/S-uV)	Nerve conduction velocity (m/s)
N. medianus	2.63 ± 6.01	0.14 ± 8.1	39.7 ± 62.7
N. ulnaris	1.67 ± 5.49	0.12 ± 4.8	45.6 ± 78.3
N. radialis	2.64 ± 9.89	0.36 ± 7.0	24.4 ± 108
N. peroneus	3.86 ± 25.2	0.045 ± 4.2	36.0 ± 58.5
N. tibialis	3.77 ± 9.52	1.75 ± 20.4	33.1 ± 56.8

TABLE 5. Variation of ALS from sensory nerve conduction study

CMAP	Distal latency (ms)	Amplitude (M-mV/S-uV)	Nerve conduction velocity (m/s)
N. medianus	2.31 ± 4.18	0.34 ± 30.8	37.2 ± 66.1
N. ulnaris	2.38 ± 3.41	4.4 ± 34.2	45.6 ± 68.4
N. radialis	2.01 ± 5.06	2.1 ± 13.5	32.3 ± 85.4
N. suralis	3.63 ± 6.29	1.32 ± 5.9	26.7 ± 48.8

The results of the motor and sensory nerve conduction studies examination showed a description of the mixed type variant (tables 4 and 5).

TABLE 6. Variation of mean ALS in the results of the motor nerve conduction studies

CMAP	Median distal latency (ms)	Median amplitude (M-mV/S-uV)	Average (m/s)	Conclusion
N. medianus	4.40 Normal	3.1 Decreased	53.43 Normal	Axial lesions
N. ulnaris	3.20 Normal	2.74 Decreased	51.41 Normal	Axial lesions
N. radialis	2.38 Normal	1.96 Decreased	62.29 Normal	Normal
N. peroneus	7.46 Lengthwise	1.15 Decreased	45.13 Decreased	Mixed lesions
N. tibialis	5.80 Normal	7.06 Normal	48.4 normal	Normal

TABLE 7. Variation of mean ALS in the results of the sensory nerve conduction studies

CMAP	Median distal latency (ms)	Median amplitude (M-mV/S-uV)	Median nerve conduction velocity (m/s)	Conclusion
N. medianus	3.34 Normal	12.88 Decreased	50.5 Normal	Axial lesions
N. ulnaris	2.83 Normal	12.53 Decreased	52.54 Normal	Axial lesions
N. radialis	2.80	6.04	56.14	Normal
N. suralis	4.66 Lengthwise	4.51 Decreased	39.3 Decreased	Mixed lesions

The median result from motor and sensory nerve conduction studies show normal results, neuropathy of active and mixed types at several examination locations (tables 6 and 7).

Table 8 shows that for the diagnosis of ALS there is PSW +4, fibrillation +4, MUAP: high amplitude (giant potential), widened duration, polyphasic phase, incomplete IP recruitment in all patients (100%) even though the muscles are different from those of patients with carried out an examination.

TABLE 8. Needle EMG result

Musculus	PSW +4	Fibrillation +4	MUAP: Giant potential, wide duration, polyphasic phase	Incomplete
m. inteross dorsalis I	100%	100%	70%	100%
m. abductor digiti mini	100%	100%	75%	100%
m. abd policus brevis	100%	100%	67%	100%
m. biceps brachii	100%	100%	80%	100%
m. deltoid posterior	100%	100%	88%	100%
m. trapezius	100%	100%	100%	100%
m. masseter	100%	100%	80%	100%
m. genioglossus	100%	100%	80%	100%
m. buccinator	100%	100%	100%	100%
m. flexor carpi radialis	100%	100%	67%	100%
m. gastrocnemius caput medialis	100%	100%	100%	100%

DISCUSSION

The results showed that the age range of 47 years with a minimum age of 24 years and a maximum age of 63 years. The onset of ALS can occur from adolescence to age 80 years, but the peak incidence age occurs at ages 55-75 years. The mean sporadic onset of ALS (SALS) was 65 years, the mean familial onset of ALS (FALS) was 46 years (4,5).

The incidence of ALS was higher in men than in women, with an overall ratio of 1.5 to 2:1 (5). However, in this study men and women were the same. The aetiology of ALS itself is not known with certainty, the same as other neurodegenerative diseases, it is possible that ALS occurs due to the complex interactions of various cellular pathogenic mechanisms such as: Genetic factors, excitotoxicity, oxidative stress, mitochondrial dysfunction, axonal transport disorders, neurofilament aggregation, protein aggregation, inflammatory dysfunction and contribution of non-neural cells, and the presence of deficits in neurotropic factors and signalling pathway dysfunction (1,6).

Most types of work were unemployed as many as 7 patients (50%). This happens because the patient comes who has experienced weakness in the legs or arms so that the patient is unable to work. The most data obtained were 13 patients (92.8%) with married status and the latest education was high school graduates, namely 10 patients (71.4%). It is known that ALS has major consequences not

only for the patient but also for the family (7). Until now there is no definite data on ALS sufferers in Indonesia.

The mean interval for patients with symptoms until finally diagnosed as ALS was 5 years (baseline at mean age 42 years) with weakness in the lower extremities appearing first in 9 patients (64.3%). The diagnosis of ALS is based on clinical findings. A person is suspected of having ALS if the loss of motor function is gradual or progressive in one or more parts of the body, without sensory disturbances and without a clear cause. ALS diagnosis according to the El Escorial criteria for ALS diagnosis is (2-4):

1. UMN and LMN signs in the bulbar region and at least 2 spinal regions, or
2. UMN and LMN signs in 3 spinal regions.

It is known that in this study, there was a diagnosis of UMN and LMN ALS signs in the bulbar region and at least 2 spinal regions in 10 patients (71.4%) and UMN and LMN signs in 3 spinal regions without any interference in the bulbar region (28.6%).

On sensory nerve conduction examination, the value is normal or close to normal. Abnormal conduction can be seen in entrapment neuropathy and other peripheral nerve disorders. Sensory nerve responses in the lower extremities can be difficult to obtain in the elderly (2,3). In this study, the results of motor and sensory nerve conduction as a whole showed normal results, neuropathy of active and mixed types. This shows that the average patient has experienced both motor and sensory conduction problems.

The results of a concentric needle electromyography (EMG) examination will provide the evidence of LMN dysfunction necessary to support the diagnosis of ALS and should identify at least two of the four CNS regions: brain (bulbar), neck, thoracic, or lumbosacral spinal cord (anterior horn motor neuron). For the brainstem area it is sufficient to show a change in one muscle EMG (eg tongue, facial muscles, jaw muscles). For the spinal cord region the thoracic region is sufficient to show EMG changes either in the paraspinal muscles at or below the T6 level or in the abdominal muscles. For the neck and lumbosacral cord region at least two muscles innervated by different roots and peripheral nerves should show EMG changes (3).

The revised El-Escorial criteria require that both evidence of active or ongoing denervation and chronic partial denervation are required for the diagnosis of ALS, although the relative proportions

vary from muscle to muscle. The signs of active denervation include: Fibrillation and positive sharp waves. Signs of chronic denervation include: large motor unit action potential (MUAP) with increasing duration, polyphasic, often increasing amplitude. Decrease in interference pattern with firing rate higher than 10 Hz (unless there is a prominent UMN sign, the firing rate may be lower than 10 Hz) and unstable MUAP (4).

The fasciculation potential is very important as a characteristic feature of ALS especially when long duration and polyphasic features are obtained; the absence of fasciculations raises doubts but does not rule out the diagnosis, but these features in EMG are considered helpful in the diagnosis of ALS (6).

This study is in accordance with the theory obtained that for the diagnosis of ALS there is PSW +4, fibrillation +4, MUAP: high amplitude (giant potential), widened duration, polyphasic phase, incomplete IP recruitment in all patients (100%) even though in muscle different from the patient underwent the examination.

ALS is a fatal disease. Median life span is 3–5 years from clinical onset of weakness. From the research, it is known that when symptoms appear, the average is 5 years until diagnosed with the initial symptoms of weakness in the lower extremities first. This suggests that the patient's prognosis is good because about 4-30% of patients with ALS can survive about 5 years after diagnosis, and about 4% survive for more than 10 years. Long-term survival was associated with younger age at onset, male, and region affected. ALS affected the extremities is said to last 3-5 years and bulbar 2-3 years (7,8).

CONCLUSION

Overall results of the motor and sensory nerve conduction studies show the results of both active and mixed-type neuropathies. With the EMG picture of the needle, the presence of PSW +4, fibrillation +4, MUAP: high amplitude (giant potential), widened duration, polyphasic phase, incomplete IP recruitment in all patients (100%) even though the muscles were different from the patients being examined. This shows that the patient has a good prognosis.

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